

# Sweet & Sour

## CHICKEN TENDERS



### INGREDIENTS

AVO Sweet & Sour Sauce

Southern Fried Chicken Goujons



### METHOD

1. Pre-made **Southern Fried** goujons are the best product to start with. Use Rosie and Jim or similar frozen.
2. Add **Sweet & Sour Sauce** to the chicken pieces and mix to get them evenly coated.



### SERVING SUGGESTION

1. Serve with rice or noodles



For allergen information, please refer to the relevant product specification.



OVEN/AIR-FRY



RICE/NOODLES

AVO Sweet & Sour sauce includes bamboo shoots, mung beans, sweet pineapple, tangy grapefruit, exotic papaya, mango and passion fruit which are complemented with brandy vinegar and a fine balance of herbs and spices.

The crunchy southern fried chicken offers great texture and a quick easy meal.