

Cowboy Butter Cod

FILLETS



INGREDIENTS

Cod Fillets

AVO Lafiness Cowboy Butter Marinade



METHOD

1. Trim and prepare the **Cod Fillets**.
2. Brush evenly with the **AVO Lafiness Cowboy Butter Marinade** at an approximate usage rate of 6%.
3. The buttery, spicy flavour pairs perfectly with **Cod Fillets** because it enhances their mild, flaky texture, adding richness and a subtle kick without overpowering the delicate taste of the fish.



For allergen information, please refer to the relevant product specification.



BBQ



SALAD

Inspired by the online trend of using a spicy butter as a dip, this AVO Lafiness Cowboy Butter oil-based marinade brings rich flavours of butter complimented with herbs, garlic and mustard. A buttery, attractive and moreish marinade that is perfect with all meat, vegetables and potatoes.