

Soy & Sesame

SHORT RIBS (GALBI)



INGREDIENTS

AVO Soy & Sesame Beef Short Ribs Black Sesame Seeds White Sesame Seeds





METHOD

- 1. Slice **beef short ribs** around an 1.5-2cm thick and keep them in lengths of 3-4 bones.
- 2. Marinade with 10% Soy & Sesame Marinade.
- 3. Sprinkle with black and white sesame seeds to finish.





BBQ



AVO Lafiness Soy & Sesame Marinade is a savoury pairing of soy & sesame, bursting with umami. Sesame, soy & ginger have become staple ingredients in the UK which contribute to the deeply satisfying umami taste that Korean cuisine is known for.

All AVO Lafiness Oil-based Butchers' Marinades are made using quality Rapeseed oil, unlike many other marinades on the market!





For allergen information, please refer to the relevant product specification.