

Standard Beef Sausage Recipe (41% Beef)

Total	100	20	0	9.00kg
Water/Ice	30.0	6	0	2.700
Beef Seasoning	2.5	0	8	0.227
Newlyweds Rusk	15.0	3	0	1.350
Beef Meat (65VL)	52.5	10	8	4.723
	%	lbs	OZ	kg

Mixer Method

- Mince the meat through a coarse plate.
- Place in a mixing bowl. Add the Seasoning. Mix well.
- Add the rusk and mix evenly.
- Gradually add the water. Mix until absorbed.
- Re-mince through a 5mm or 8mm plate.
- Fill into casings. Store refrigerated.

Bowl Chopper Method

- Dice the meat before adding to bowl chopper.
- On a slow speed, sprinkle on the Seasoning and chop until dispersed.
- On a high speed, gradually add half of the water and chop. (For a coarser texture, chop on a slow speed).
- On a slower speed add the remaining rusk and balance of the water.
- Fill into casings. Store refrigerated.

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